

New Prescribing Policy in Dudley

Prescriptions for self care medicines
are no longer available from your GP

These include:

Paracetamol, ibuprofen, head lice lotion and
indigestion tablets



Cough syrups, nasal congestion sprays, sore throat
products and vitamin supplements

Help us to help the NHS save money!

Buy these over the
counter at your local
pharmacy, shop or
supermarket or via the
Minor Ailments Scheme.



Ibuprofen tablets 200mg
X 16 tablets



Sore throat
spray 30ml

* Costs are based on typical over the counter costs vs GP consultations,
pharmacy dispensing, dispensing fees, container allowances and drug costs.

Thank you for helping your NHS