

New Prescribing Policy in Dudley

The following products will no longer be prescribed by your GP:

Pain Relief

- Co-proxamol

Chronic Pain

- Targinact®
- Tramacet®

Cough mixtures e.g.

- Benlyn cough products
- Codeine Linctus
- Covonia cough products
- Meltus
- Pholcodine Linctus
- Simple Linctus
- Sudafed cough products

Products used for eye care e.g.

- Blephaclean Eye Lid Wipe
- Lid-Care Eyelid Wipe
- Optrex
- Supranettes
- Refresh Opth Soln 0.4ml Ud Ster
- Eye Cleansing Wipes
- Meibopatch

Health supplements and vitamins e.g.

- Products containing glucosamine
- Products containing chondroitin
- Products containing fish oils i.e. Cod-liver oil
- Products containing co-enzyme Q10
- Products containing Omega 6 and Omega -3 fish oils
- Products containing lutein i.e. Icaps, OcuVite, PreserVision, Macushield
- Nature's own, Natures aid
- Gojiberry extract
- Vitamin B Co Strong

Herbal remedies e.g.

- St John's Wort
- Health Aid
- Kalms
- Nytol
- Bach Flower remedies

Homeopathic remedies

Sun Screen/Sun Care products

Nasal decongestants

- Menthol & Eucalyptus Inhalation
- Xylometazoline Nasal (0.05% Drops & 0.1% Spray)
- Otrivine (Nasal Drops & Spray)
- Sudafed Tabs & Elixir
- Pseudoephedrine 60mg Tabs
- Galpseud Tabs & Linctus
- Pseudoephedrine 30mg/5ml Linctus
- Vicks Vaporub

Rubefaciants for aches and pains e.g.

- Algesal
- Balmosa
- Deep Freeze
- Mentholatum
- Radian B

Sore throat lozenges and sprays e.g.

- AAA Sore Throat Spray
- Difflam (Throat Spray & Rinse)
- Covonia Throat Spray
- Dequadin Lozenges
- Ultra Chloraseptic Spray
- Dequaspray
- Tyrozets Lozenges
- Merocaine Lozenges
- Strepsils Lozenges
- Merocet Lozenges
- Bradasol Lozenges

Hypertension

- Doxazosin MR

Acne

- Minocycline

Perindopril arginine salt for hypertension and heart failure e.g.

- Coversyl® Arginine
- Coversyl® Arginine Plus

Hayfever

- Antihistamines

Erectile dysfunction

- Tadalafil Tab 5mg

Liothyronine

Travel vaccines (some) e.g.

- Hepatitis B for Travel
- Japanese Encephalitis
- Tick-borne Encephalitis
- Meningococcal Meningitis
- Rabies
- Tuberculosis
- Yellow fever

Multiple sclerosis

- Sativex®

Dry skin products e.g.

- Bio-Oil Skin Care Oil
- Coconut Oil
- Products containing Dexpanthenol (Bepanthen baby protective ointment, Nivea SOS products)
- Flexitol Products
- E45 Foot & Heel Cream
- Glucosamine Gel
- Senset Skin Cleansing Foam
- Skin Salvation Ointment
- Vitamin E Cream
- Silk Garments

Dental & Sore mouth Products e.g.

- Sodium fluoride mouthwash, oral drops, tablets & toothpaste (including the brands: Colgate, En-de-Kay, Fluor-a day, fluorigard)
- Oraldene Mouthwash
- Hydrogen Peroxide Mouthwash 6%
- Peroxyl Mouthwash 1.5%
- Benzylamine Hydrochloride mouthwash & spray (including the brands: Difflam, Oroeze)
- Chlorhexidine gluconate mouthwash, oral spray & dental gel (including the brand Corsodyl)
- Anbesol gel & liquid
- Bonjela products
- Iglu gel
- Rinstead pastilles

This list is not exhaustive and is subject to change.

Thank you for helping your NHS