

Minutes of Wychbury Patients Participation Group Meeting

**Held at Cradley Road Medical Practice 26th September 2016
at 6.45pm**

1. Welcome and Apologies

Members Present:

Harry Bloomer (HB, Chair), Bill Beardow (BB Vice-Chair/Sec), Jenny Guest (JG), Bryan Gould (BG), Margaret Heath (MG Treasurer) Lisa Groves (LG Reception Group Manager), Dr Stephanie Tunmore (ST, GP Partner)

HB welcomed everyone to the meeting.

2. Presentation by Georgina Dotchin Research Facilitator – Primary Care NIHR Clinical Network West Midlands

Sarah from NIHR (National Institute for Health Research) Clinical Research Network (CRN) West Midlands Birmingham and Black Country attended the meeting to give a presentation to raise awareness of NHS research going on in communities including what their aim is, why get involved and what their studies are.

Power point slides were given to all attendees to follow through with the presentation.

The high level objective is to have more involvement with patients in a Primary Care Setting with involving information being cascaded through PPG's and the CCG to promote the service.

Research is carried out in all areas of Primary Care including GP's, community nursing teams, community hospitals, community pharmacists, dentists and optometrists. The NIHR acts as intermediary between clinical and research teams.

Research is an important role to help the following areas in Primary Care

- Less illness – Finding ways to support people to live more healthily
- Quicker Diagnosis – Finding out if the Primary Care can screen for early signs of disease
- Effective Treatments – Testing effectiveness of drug and non-drug treatments for illness

Research can be complied in the following ways:

- Questionnaires
- Test and examinations
- Trying new treatments

The service is looking for patients to become more involved in research with studies and being involved in promoting research at local events. Information is to be placed at all Practice sites to promote the service.

The NIHR is also on social media including Facebook and Twitter. Information can be found on websites provided in the power point presentation slides. Contact information was also provided for the Research Facilitators.

ST stated that the Practice is involved in various research studies that time and staffing and hours allow within the Practice. The NIHR stated that a Research Nurse from their services is available to help with some studies.

HB thanked the NIHR Research Facilitators for attending.

3. Approval of previous minutes

The previous minutes from 14th June 2016 were approved.

4. Any other business

Planning for 2017 Healthcare Event 'Gardening for Health'

LG passed a patient contact details to HB who was interested in joining the PPG.

BG apologised for not attending previous meeting. BG informed the group he was involved in the Patient Public Volunteer for Lancashire and West Midlands Community Support Unit which involves research of multi-speciality community providers (MCP) and is academic based and running for 12 months.

BG also stated that he is working with Andrew Hindle for Muscular Dystrophy UK developing a one page GP Neuromuscular pathway. GP Lead and Consultant Neurologist are to approve pathway prior to being distributed to all clinicians. ST queried whether the pathway will be distributed to clinicians in Dudley only or out of area clinicians as well. BG stated that research from the pathway is to be carried out and decided where to distribute to. BG also working with Dudley, Sandwell and Walsall for Neurology Services. Walsall NHS does not have a Neurology Service and BG is meeting with the Walsall CCG next week.

As a spin off from the Muscular Dystrophy UK pathway, BG is also involved in the End of Life Care strategy group which is now nationally recognised due to community based involvement. A Forum is due to take place at Himley Hall in March 2017. Flyers are to be placed in the Practice to promote this as agreed with LG.

ST advised BG to be in contact with Andrew Hindle in regards to GP Education Events which are organised by Dr R Willetts for further promotion.

It was queried whether Himley Hall would be a good location for the End of Life Care group. BG stated that it was a large vicinity which would be appropriate for all speakers and patient audience.

BG also informed the Group that he has won National Campaigner of the Year for Muscular Dystrophy UK. All attendees congratulated BG.

Gardening for Health

HB stated that the Gardening for Health Event is due to take place on Saturday 4th March 2017 at the Wilson Hall in Colley Gate running from 9.00am until 2.00pm. The Main Speaker will have a 1 hour presentation slot and other presenters will have 20 minutes each.

HB stated that Steve Brooks from Radio Coventry and Warwickshire will be attending along with Russell Tipson – Director of Action Heart to present exercising whilst gardening. Gill Hogan will also be presenting Gardening and Mental Health awareness and how mental health can improve with gardening activities.

Mick Poultney who runs a Gardening Club at Caslon Primary School will also be attending and the Gardening Club at Colley Lane Primary School have also been contacted and HB is awaiting a response to see if they can also attend.

The Target Audience for the Event is all patients – fit and well / inactive patients.

The Friends of Homer Hill are having a stall at the event. Funding has been applied for from the CCG. Local services are to be contacted to promote the event.

HB stated that Nurse Helen Marsh and Advanced Nurse Practitioner Rachel Plumb will be attending the event. HB enquired whether a GP would be available to attend. ST stated that she will take it to the next Practice Meeting.

HB stated that Dennis Rose (DR) would be asked if he would be a presenter for the event to represent the patients. He is also due to enquire for a community garden and with HB, a suitable site is to be found.

HB advised that they are awaiting contact from BBC Radio WM to see if they will transmit live from the event on the day. If they are unable to do so, HB will contact Black Country Radio.

To get the children involved in the event, ideas for crafts/competitions are to be thought of. An idea of planting pumpkin seeds to bring back in the autumn when they have fully grown was thought of. More ideas are to be thought of and to be discussed again at next PPG meeting.

Refreshments on the day of the event will not be provided for the public, presenters only. To be looked at whether bar staff are required so members of the public attending the event can purchase refreshments.

The event is to be promoted at all Local Days/Events possible. ST advised that Nick Tromans from the Integrated Care Team may be able to provide contact details / useful information to help promote the event – LG to pass contact details for Nick Tromans onto PPG group.

A ticketing system for the event was thought of which would not be a charge for but to help keep a record of numbers of attendees to the event.

Local advertisement ideas are to be thought of. Suggestions included advertising in the local papers for which funding would be required, advertise in the surgery – flyers to be passed to LG and ST will mention at the MDT meetings held at the Practice.

AOB

ST stated that the following the CQC visit, the Practice was assessed as Good in all areas. Official report is awaiting to be released to the public.

LG is still chasing the disabled access doors with Estates for Cradley Road Practice.

Prescription review date on repeat prescriptions was discussed and explained to patients due for medication review – LG/ST to take and enquire with different wording at next Practice Meeting.

5. Date of Next Meeting

16th January 2017 at the Wychbury Medical Centre, starting at 6:45pm.

Certified to be a true record of business conducted on 26th September 2016 at Cradley Road Medical Practice.

Signed:..... (Chairman)